### **ASYO Fall 2021/Spring 2022 Informative Meeting**







- What is AYSO
- What does our typical season look like
- Teams by age rather than grade level
- Parent Coach Volunteers
- Uniform Sizes
- Registration System Overview including dates/discounts

#### **AYSO Vision**



To provide world class youth soccer programs that enrich children's lives

#### **AYSO Mission**

To develop and deliver quality youth soccer programs, which promote a fun, family environment based on the AYSO's Six Philosophies:

# **AYSO Philosophies**

- •Everyone Plays®
- Balanced Teams
- Open Registration
- Positive Coaching
- Good Sportsmanship
- Player Development







Our program's goal is for kids to play soccer so we mandate that every player on every team must play at least 50 percent of every game. It's no fun to spend the game on the bench...and that's no way to learn soccer!

# Everyone Plays®

- In our region: Play each player at least three quarters of every game, whenever possible. (No player plays 4 quarters if there are players who didn't play 3 quarters yet.)
- The "Everyone Plays" rule applies to all players, regardless of skill level or age, and regardless of the number of practices they attend.

#### **Balanced Teams**

Each year we form new teams as evenly balanced as possible because it's more fun and a better learning experience when teams of similar ability play. It allows for each player to gain the experience of a wide variety of teammates of different skill levels.

## **Open Registration**

Our program is open to all children who want to register and play soccer. Interest and enthusiasm are the only criteria for playing. There are no elimination try-outs and nobody gets cut.

## **Positive Coaching**

Encouragement of player effort provides for greater enjoyment by the players and ultimately leads to better-skilled and bettermotivated players.

## **Good Sportsmanship**

We strive to create a safe, fair, fun and positive environment based on mutual respect, rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in every facet of AYSO.

# **Good Sportsmanship**

Positive Coaching & Good Sportsmanship:

•Absolutely <u>NO</u> negative commenting on officiating! (No matter whether this is a certified referee or the other coach.)

#### Positive comments are encouraged!

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# Player Development

We believe that all players should be able to develop their soccer skills and knowledge to the best of their abilities, both individually and as members of a team, in order to maximize their enjoyment of the game.

# **WE ARE:**



# **CPU AYSO Region 1468**

# Cedar Rapids is AYSO Region 1112

#### Our region's website

https://ayso.bluesombrero.com/Default.aspx?tabid=808114



#### Site includes information about:



- Registration
- Game Schedules
- Game Cancellations
- Calendar
- Soccer Camps

#### AYSO Region 1468 Center Point-Urbana Board

#### **REGIONAL ADMINISTRATION**

AYSO Regional Title Name Email

Regional Commissioner (RC) Kevin Schmidt cpuyouthsoccer@gmail.com

Assistant Regional Commissioner Open

Registrar Molly Stuelke parks-rec@centerpointia.com

Treasurer Scott Langridge

Risk Manager / Safety Director Rachel Kratz rkratz@cpuschools.org

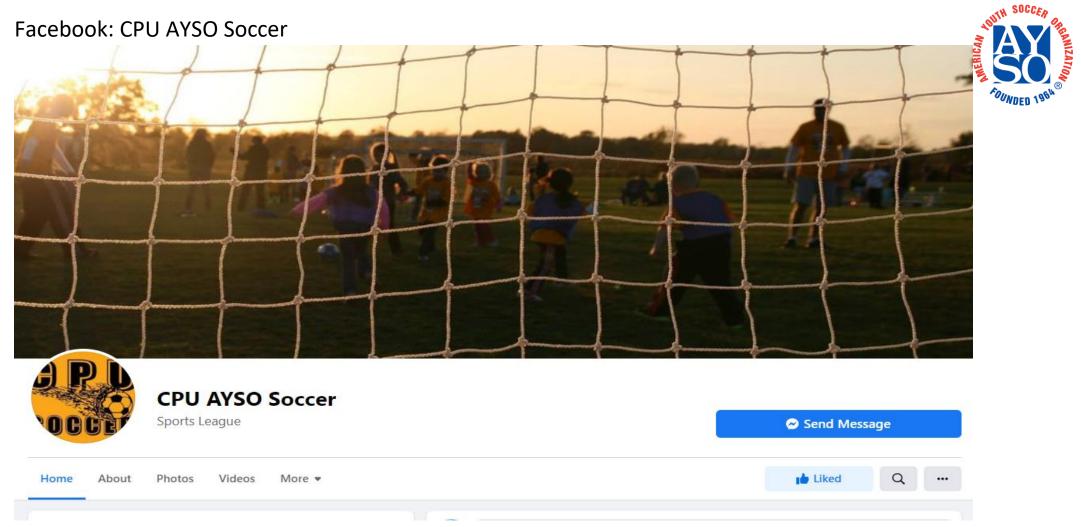
Regional Coach Administrator (RCA) Michelle Hutchins hutchins05@gmail.com

Regional Referee Administrator (RRA) Open

Regional Team Administrator (RTA) Julie Rasmussen

Child & Volunteer Protection Advocate (CVPA) Kim Lewis

Uniform Coordinator Julie Rasmussen



Each Spring, we will also include registration details in the CPU Friday Folder about registration for the following year.

# Season

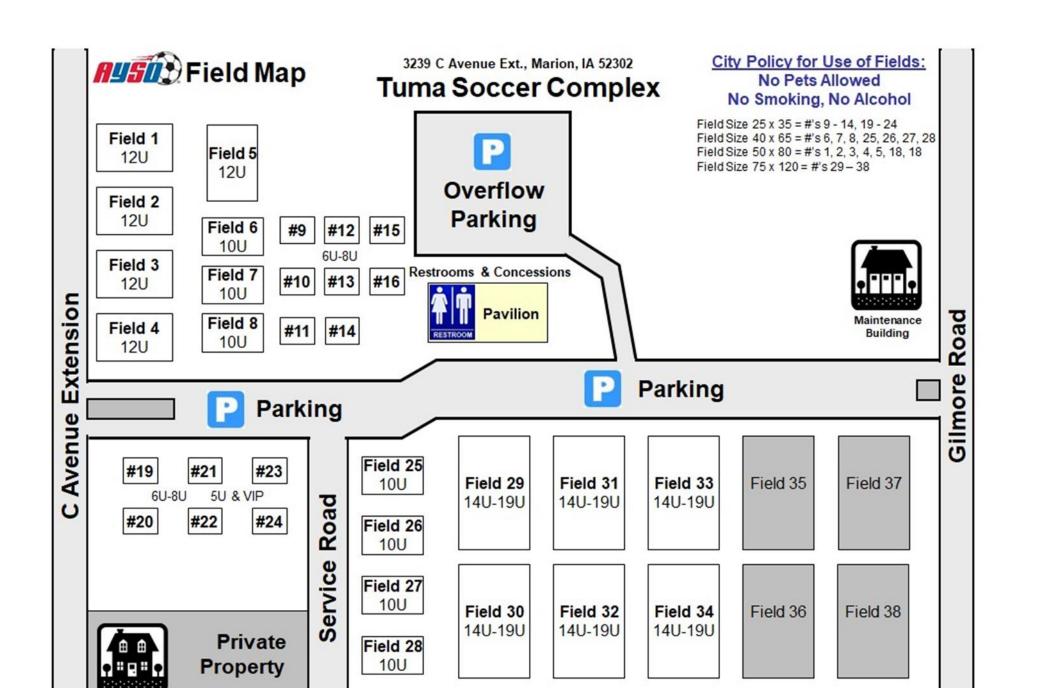
- Fall will run end of August First Week of November
- Spring will run beginning of April-First Week of June;
  6-8U will play the month of June
- •The web site is considered the master schedule.
- •Schedules will be published on web site in late August and April.

# **Games Location**



6U-8U games are at Fross Park 10U-14U MOST games are at Tuma Soccer Complex

- C Avenue and County Home Road in Cedar Rapids
- Map of field locations on our website







Teams:

6U-8U are co-ed teams

For 6U, all kids are placed on one team together. The first 30 minutes of each practice will be practice with the final 30 minutes of game/play time.

8U: 4 V 4; max 8 kids per team

10U: 7 V 7; max 14 kids per team

12U: 9 V 9; max 18 kids per team

14 and 15U: 11 V 11; max 21 kids per team

10U-14U are separated by gender



#### AYSO Age Determination Chart –not by school year

Birth Year	MY2021	MY2022
2018		6U
2017	6U	6U
2016	6U	8U
2015	8U	8U
2014	8U	10U
2013	10U	10U
2012	10U	12U
2011	12U	12U
2010	12U	<b>14</b> U
2009	<b>14</b> U	<b>14</b> U
2008	<b>14</b> U	<b>15</b> U
2007	15U	

# Practice



- Practice times and locations are at the discretion of the coaches.
- •It is the responsibility of the coach to confirm that weather conditions are suitable for practice.
  - When in doubt, cancel.
- Recommended number of practices:
  - 6U/8U: 1 per week; 10U-15U: 2 per week

# Game Cancellations

- •If some, or all, of the games are cancelled due to weather, then a notice will be posted on the web site.
  - Coaches will not be called
- •We will try to make up games on a week night following the cancellation
  - See the web site for details

# Rescheduling Games



- Reminder: Games should be played as scheduled.
- •Rescheduling a game is the last resort.

# Weather Policy

- Lightning or Thunder
  - Go Home

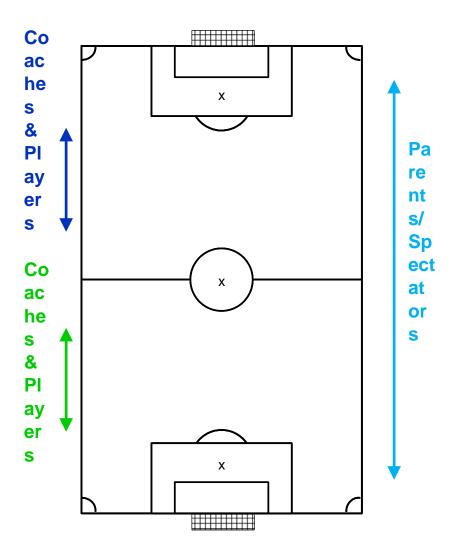


- No Lightning
  - OK to Play, Even if Raining



# Team / Spectator Separation

- Teams and spectators should be on opposite sides of the field for all divisions
- This is not enforced at 6U
- Only head coach and <u>one</u> assistant coach can be at sideline with the players.





# Safety

- •If a player or volunteer is injured during an AYSO sponsored activity, then the parent/coach must notify the safety director, Rachel Kratz.
  - Fill out the Notification of Injury form

# **AYSO Policies**



# Casts, Splints, ...

- Not allowed.
- Players with casts or splints may NOT play in games even if the cast is padded and the player has been cleared by a Doctor.

# •Earrings, Piercings, ...

• Not allowed.

• Earrings, piercings, jewelry, etc., <u>must be removed</u> before the player can take the field.



# Volunteers Needed!



## AYSO in an all-volunteer organization

Teams are formed once we have confirmed coaches, if we do not have enough coaches volunteer, we can not place kids on a team, which means they do not get to play that season.

### No prior experience is required!

Partner up with another parent, or an older sibling (High school soccer player?)

# **Coach Training**



- We provide free coach training to coaches!
- In Person Training is available over the summer in Center Point and Cedar Rapids, led by AYSO Certified trainers.
  - We will provide contact info for other coaches
  - You can reach out to any board member with questions/tips etc.

- Online Coach Training
  - AYSO training is available online at:
  - www.aysou.org

#### Courses available include



- Safe Haven
- 6U Coaches
- 8U Coaches
- 10U Coaches
- Separate 10U field portion required
- CDC Concussion Awareness
- •Please let parents know that we need to fill the following positions:
  - Coaches
  - Referees!!

# Referees Needed

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- •We need more referees!
- •Now is the time to recruit.
- Training offered through CR AYSO







# **Black Shorts**

- Wearing different shorts than shorts supplied with uniform kit is okay, but shorts must be <u>BLACK</u>!
- •No stripes, no logos, no words
- •Small manufacturer's name and/or logo is okay.





## Registration – Open May 24-July 16



https://ayso.bluesombrero.com/Default.aspx?tabid=808114

Regional Fees – \$50

National Fees – \$20

\$70

Uniforms are separate at around \$43

May 24 – June 13 Early Bird Special (\$10 off!)

Registration after July 9 will result in an additional \$10 "Rush" Fee

- Registration opens in May for the 2021(Fall) and 2022 (Spring) season.
  - There is no guarantee registration will open back up for the 2022 spring season.
- Price is whether the child plays one or both seasons



- Once registration has closed, teams are formed based on the ration of players/coaches. If there are not enough coaches, we will reach out to the community asking for coaches.
- Once all teams are formed, the coaches will reach out to their players parents with details about the upcoming season.
  - If teams need to be re-shuffled for the spring season, the parents will be notified.
- CPU Region makes the schedule for the 6U and 8U teams, while we rely on the Cedar Rapids region for the 10U and above schedules.

# Questions & Answers

