



Training Game U-6 Players

Treasure Hunt

Skill: Dribbling

Number Of Players Required: Full U-6 team

Equipment: 10 to 14 pro cones that will be placed randomly in the grid, 1 ball for each player

Grid Requirement: 20 X 20 yard grid

Organization: Create a 20 X 20 yard grid marked with cones. All players are required to play within the grid and each player must have a soccer ball.

How The Game Is Played: The coach yells “go” and the players dribble around the grid keeping the ball close. The object of the game is to collect as many discs as possible, while dribbling around the grid. Once all cones have been picked up, the player with the most cones is the winner.



Variations: Allow players to only use left foot, right foot, outside of R or L, or use inside of both feet.