



Training Game U-6 Players

The Mosquito

Skill: Passing

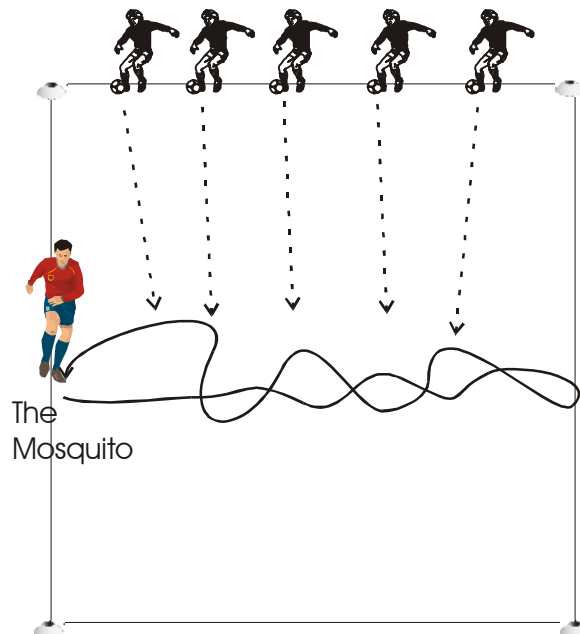
Number Of Players Required: Full U-6 team

Equipment: 4 cones to mark grid, 1 ball for each player.

Grid Requirement: 15 X 15 yard grid

Organization: Create a 15 X 15 yard grid marked with cones. Place all players (exterminators) on one end of the grid with a ball at their feet. Coach (the Mosquito) will center himself at a mid-point of the grid.

How The Game Is Played: The Mosquito will dash (as best he can) across the grid trying to avoid being hit with the balls that the exterminators are shooting at him. Before heading back to the starting point the coach will allow the players to collect their ball and line up on the other side of the grid for one more go at the Mosquito.



Variations: Tell players which foot to use.