



Training Game U-10 Players

Keep-away

Skill: Multiple

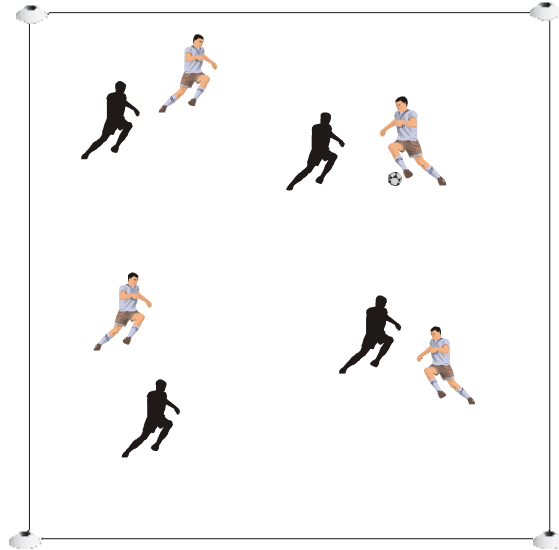
Number Of Players Required: Full U-10 Team

Equipment: 12 or more cones to mark a grid, a set of pennies and three or four soccer balls.

Grid Requirement: A 45 X 45 yard grid

Organization: Using cones layout a 45 X 45 yards grid. Divide the teams so that teams play 3 v 3 or 4 v 4. Place one team in pennies and give the other team a soccer ball. All players must be located within the grid.

How The Game Is Played: This is a simple game of Keep-away. The team with possession must complete 5 passes to win. Defending team attempts to gain possession if defenders win the ball they become attackers and must connect 5 passes. First team to connect 5 passes three times is declared the winner.



Variations: Add two goals and after 5 passes have been connected allow that team to go to goal. Play one touch. Allow no more than three touches when a player is dribbling. Players cannot return a pass to the player who passed them the ball.