



## Training Game U-6 Players

### Bank Robbery

**Skill:** Dribbling

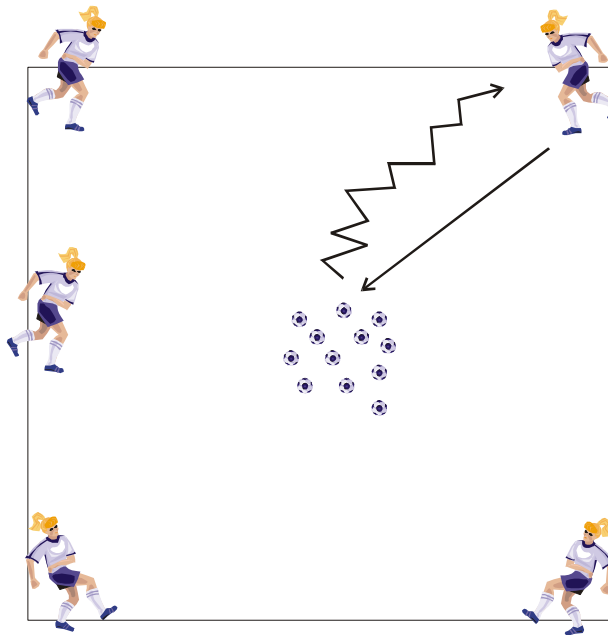
**Number Of Players Required:** Full U-6 team

**Equipment:** 4 or more cones to mark grid, 10 to 12 soccer balls.

**Grid Requirement:** 20 X 20 yard grid or circle can be used.

**Organization:** Create a 20 X 20 yard grid marked with cones. All players are required to play within the grid.

**How The Game Is Played:** All players are standing on a line (imaginary boundary line that marks the grid). The coach will yell “Bank Robbery”. At that time all players must sprint to the center of the grid collect a ball with her feet and return to the line as quickly as possible, stop the ball on the line and return to the center to get another ball. When all the balls have been collected the player who has collected the most balls wins.



**Variations:** Allow players to only use left foot, right foot, outside of R or L, or use inside of both feet. Add more balls to the center and enlarge the grid.