



Training Game U-10 Players

2 Keepers Shooting

Skill: Multiple

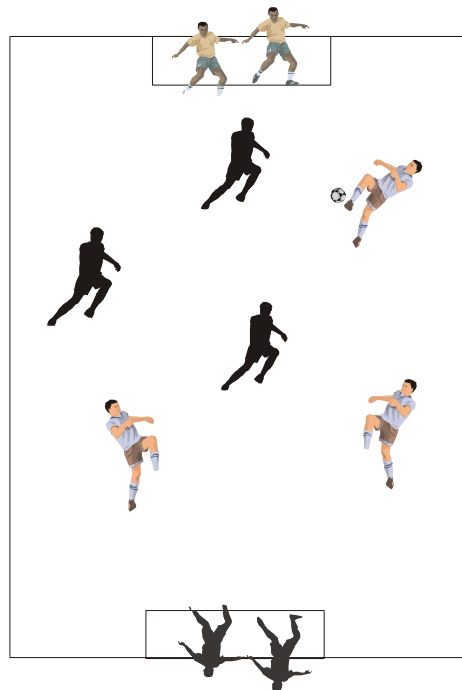
Number Of Players Required: Full U-10 Team

Equipment: 12 or more cones to mark a grid and two goals (two full size goals would be great but not necessary), a set of pennies and three or four soccer balls.

Grid Requirement: A 45 X 35 yard grid

Organization: Using cones layout a 45 X 35 yards. Divide the teams so that teams play 3 v 3 or 4 v 4. Place two Keepers in each goal.

How The Game Is Played: This is a simple game of 3 v 3 or 4 v 4 depending on the number of players at practice. The twist to the game is in the Goalkeeping. The two Keepers in each goal must link hands. The team in possession must attempt to score past the two linked Keepers. Award 1 point for a goal and one point for a save. First team to gain 5 points wins.



Variations: Play one touch. Allow no more than three touches when a player is dribbling.